



Leading Multi-generational Teams

The “Leading Multi-generational Teams” program equips leaders and managers with the essential competencies to understand and lead multi-generational teams, grounded in Neuroscience and Emotional Intelligence (EQ).



PROGRAM MESSAGE

Today's workplace is a vibrant mosaic where the experience and profound insights of preceding generations intertwine with the agile work pace and fresh expectations of the younger generation. Although multi-generational differences are completely natural, if leaders lack the competency to harmonize them, these differences will disrupt the rhythm of collaboration and directly hinder team performance.

Grounded in Neuroscience and Emotional Intelligence (EQ), the program provides practical tools to help leaders understand diverse generational perspectives and transform conflict into synergistic power. Through an interactive, experiential, and application-focused learning approach, participants will master the ability to navigate intergenerational differences and conflicts, enhance collaboration, and lead with empathy. This ultimately fosters a psychologically safe environment where every individual is respected, engaged, and empowered to maximize their potential.

PROGRAM OBJECTIVE

After successfully participating in the program, participants will be able to:



Understand the different characteristics, perspectives, and interaction styles across generations



Apply methods to improve interaction, enhance collaboration, and leverage the strengths of members within a multi-generational team



Build a psychologically safe environment where all members feel heard, respected, and willing to contribute



Identify practical priorities and actions to continue developing their multi-generational leadership capabilities

LEARNING JOURNEY

PRE-COURSE



Self-reflect on your ability to understand generational differences and your personal leadership style to provide data that helps tailor the course to practical realities

IN-CLASS



1 day / 2 sessions / 7 hours

POST-COURSE



Self-reflect on your growth in multi-generational leadership thinking, while identifying areas to further hone in the future

DELIVERY OPTIONS

The “Leading Multi-generational Teams” program offers its training programs in two formats as follows:



Public Workshop

A special learning experience for individuals or groups coming from different companies. Workshops are offered on a fixed schedule and at a venue chosen by SIY Vietnam.



In-house Workshop

Exclusive training for your organization with standard contents or with tailored contents to fit your organizational needs and expectations.



PROGRAM OUTLINE

PART 1: Understanding the Generations

Explore how generational differences are shaped by social contexts, technology, and life experiences, and recognize how these differences influence perspectives, behaviors, and workplace interactions. Through Neuroscience, Emotional Intelligence (EQ), and empathy practices, participants learn to view differences with curiosity rather than judgment.

PART 2: Understanding Gen Z

Delve into the standout characteristics of Gen Z regarding how they communicate, learn, perceive risks, seek safety, and connect with others, alongside the impacts of the digital environment on their mental health and behavior. From this, identify what Gen Z truly needs from their work environment and leaders - moving beyond generational stereotypes.

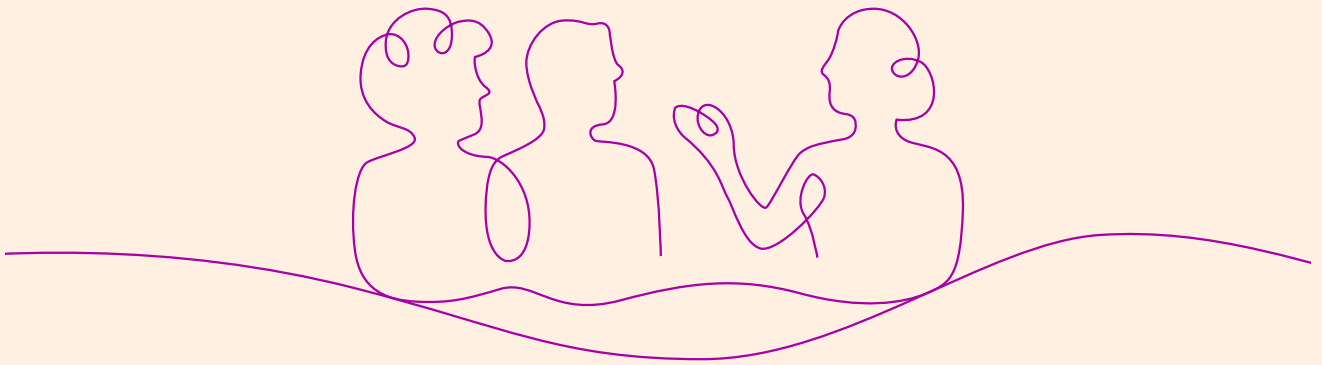
PART 3: Interacting in a Multi-generational Team

Experience firsthand the challenges of a multi-generational team through simulations and real-world scenarios. Participants practice building psychological safety, encouraging people to speak up, balancing diverse voices, fostering constructive debate, and leveraging distinct strengths. Consequently, shift from a mindset of avoiding failure to rapid learning, sharing, and innovation.



SIY Vietnam - a member of PACE Institute of Management, focuses on delivering programs and activities related to mindfulness and mindful leadership to help develop leadership, performance, and quality of life for individuals and organizations in Vietnam.

SIY Global is the pioneering and leading organization in the world in considering “mindfulness” as a science and using “mindfulness” to develop leadership.



SIY Vietnam là đối tác độc quyền của SIY Global tại Việt Nam.
SIY Vietnam is the exclusive partner of SIY Global in Vietnam.

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